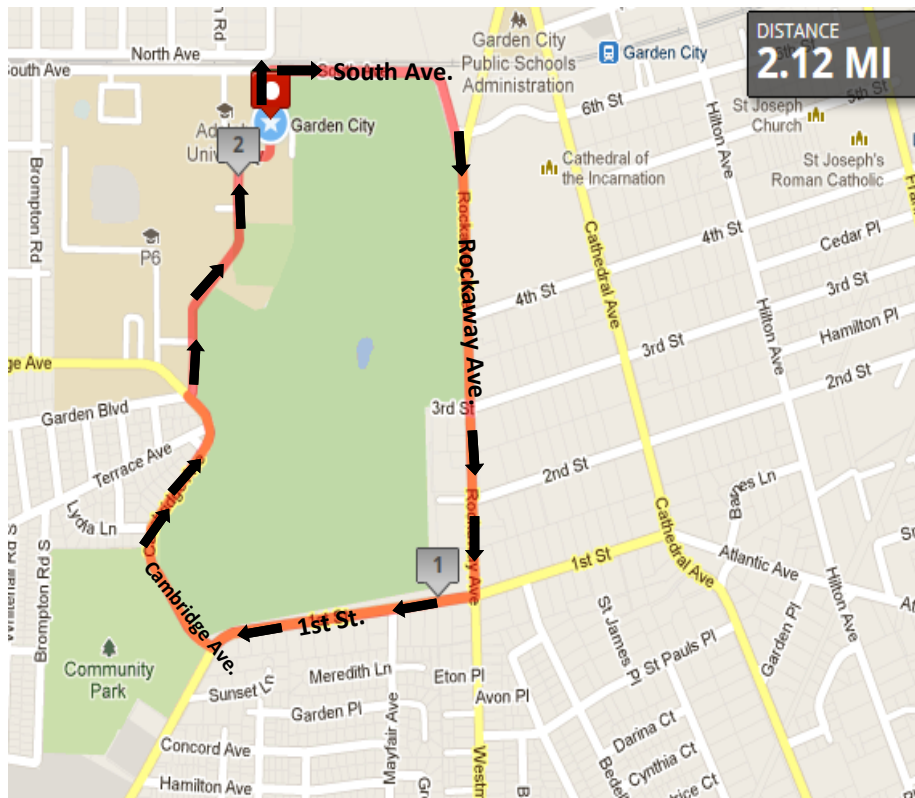


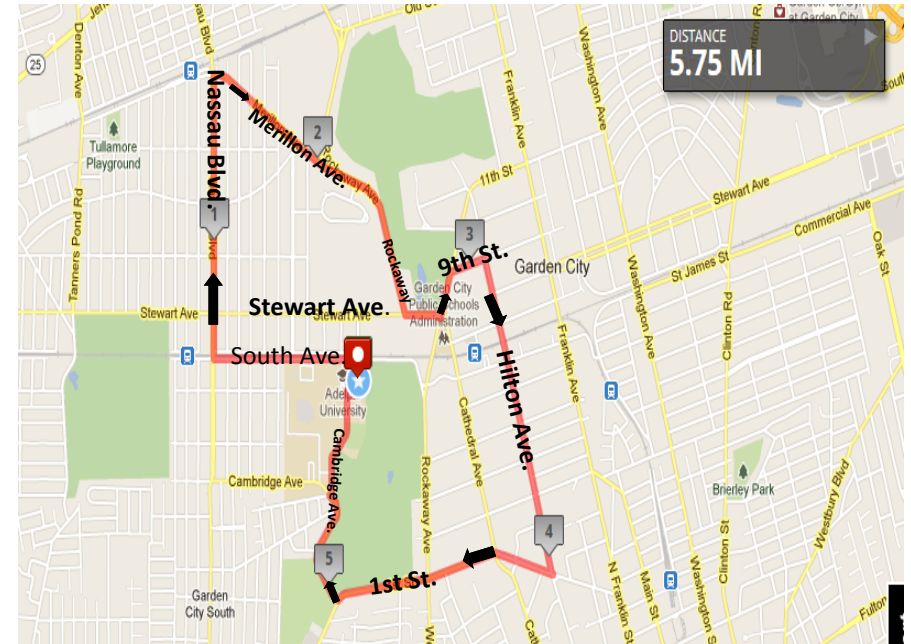
## The Short Loop

1. Start at Woodruff Hall.
2. Turn Right on South Avenue.
3. Follow sidewalk as it bends to the Right onto Rockaway Avenue.
4. Turn Right on First Street.
5. Turn right onto Cambridge Avenue.
6. Turn right into the back entrance of Adelphi.
7. End at Woodruff Hall.



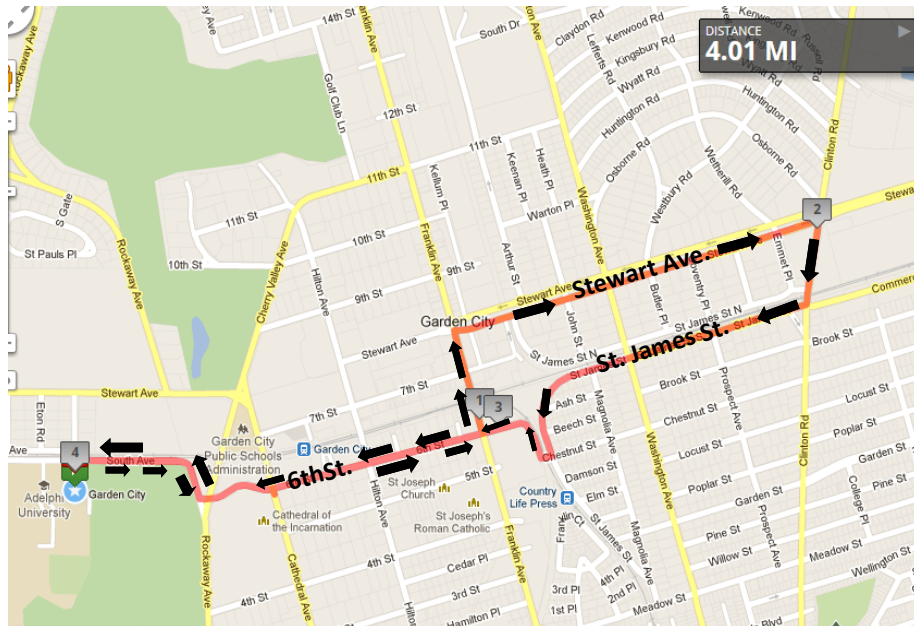
## The Long Haul

1. Start at Woodruff Hall.
2. Make a Left on South Avenue.
3. Make a Right on Nassau Boulevard.
4. Make a Right on Merillon Boulevard, which merges into Rockaway Avenue.
5. Make a Left onto Stewart Avenue.
6. Turn Left onto Cherry Valley Avenue.
7. Turn Right onto 9th Street.
8. Turn Right onto Hilton Avenue.
9. Turn Right onto Atlantic Avenue, which turns into First Street.
10. Turn Right onto Cambridge Avenue.
11. Turn Right into Adelphi's back entrance.
12. End at Woodruff Hall.



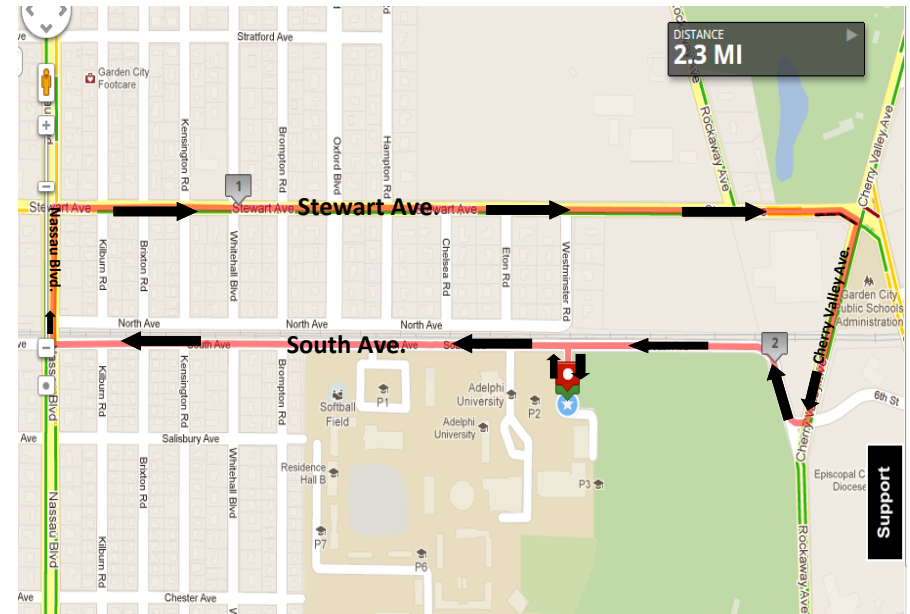
## Stewart Avenue Loop

1. Start at Woodruff Hall.
2. Turn right onto South Avenue
3. Turn Left onto Sixth Street.
4. Turn Left onto Franklin Avenue.
5. Turn Right onto Stewart Avenue.
6. Turn Right onto Clinton Street.
7. Turn Right onto St. James Street.
8. Turn Right onto Chestnut Street.
9. Chestnut Street merges into 6th Street.
10. Continue on 6th Street.
11. Turn Right onto South Avenue.
12. Turn Left into Woodruff Hall parking lot.



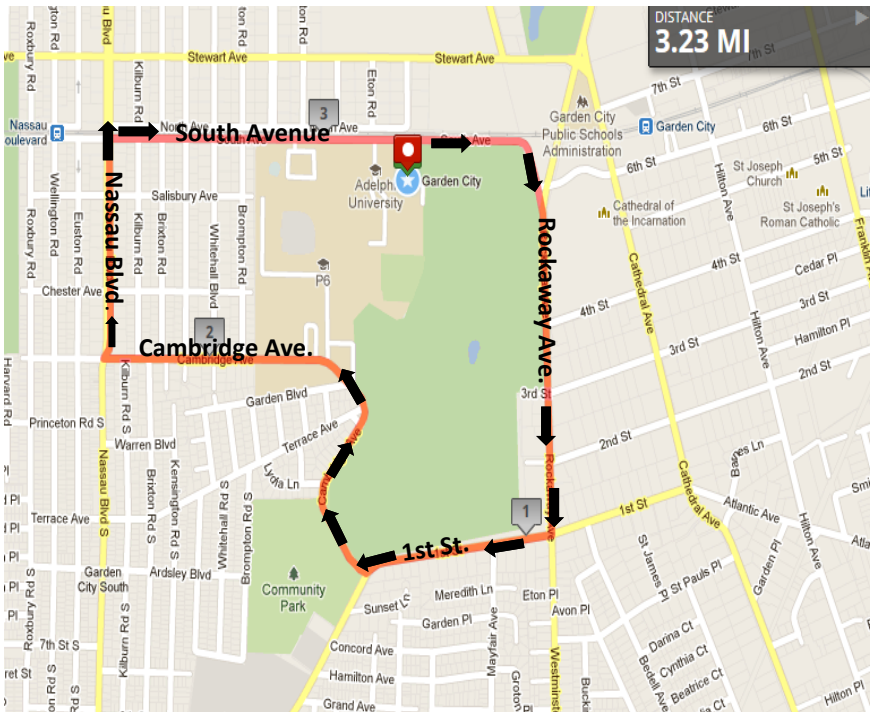
## Short Cut Loop

1. Start at Woodruff Hall.
2. Turn Left onto South Avenue.
3. Turn Right onto Nassau Boulevard.
4. Turn Right onto Stewart Avenue.
5. Turn Right onto Cherry Valley Avenue.
6. Turn Right onto South Avenue.
7. Turn Left into Woodruff Hall parking lot.



## Athletic Route

1. Start at Woodruff Hall.
2. Make a Right on South Avenue.
3. Follow sidewalk as it bends to the Right on Rockaway Ave.
4. Make a Right on First Street.
5. Make a Right onto Cambridge Avenue.
6. Turn Right onto Nassau Boulevard.
7. Turn Right onto South Avenue.
8. Turn Right into Woodruff parking lot.



## Big Gulp Run

1. Start at Woodruff Hall.
2. Turn Left onto South Avenue.
3. Turn Right onto Nassau Boulevard.
4. Turn Right onto Merillon Boulevard, which merges into Rockaway Avenue.
5. Turn Left onto Stewart Avenue West.
6. Turn Right onto Cherry Valley Avenue.
7. Turn Right onto South Avenue.
8. Turn Left into Woodruff Hall parking lot.

